



A Report on

“Comprehensive Capacity Building Programme on Basic Disaster Management for Civil Defence/Home Guards/NYKS/Red Cross/NCC and NSS Volunteers”

Organised by

District Disaster Management Authority, Shimla



at

DC Office, Shimla (H.P.)

Supported by

**Himachal Pradesh State Disaster Management Authority and
United Nations Development Programme (India)**

from

05.09.2016-07.09.2016

Approved by

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Course on Basic Disaster Management

District- Shimla, Himachal Pradesh

From September 5 to 7, 2016 at Rossana Hall, District- Shimla

Organised by District Disaster Management Authority, Shimla at Rosana Hall,DC Office,Shimla .

BACKGROUND

The personnel of Home Guards, Cadets of the NCC and Volunteers of NSS are very crucial stakeholders for community-level disaster preparedness and response. Recognizing their role in Disaster Preparedness, the Himachal Pradesh State Disaster Management Authority (HPSDMA), District Disaster Management Authority (DDMA), Shimla and United Nations Development Program (UNDP), India organized a three-day Training Course on Basic Disaster Management from 5th to 7th of September, 2016 at the Rossana Hall, DC Office, Shimla. A total of 21 participants including the personnel of HP Home Guards, Cadets of NCC and volunteers of NSS participated in the training.

GIST OF THE TRAINING

The sessions delivered during the 3-day training were based on the suggestions given by the Shri Suneel Sharma, Additional District Magistrate -cum- C.E.O. DDMA Shimla. Mr. Navneet Yadav (Consultant- DRM), Mr. Durga Bahadur (Trainer- Family Emergency Preparedness), Ms. Anuradha and Ms. Nidhi Kalta (Trainers- Life Support) were the Resource Persons for the training. The proceeding of training is provided below.

Day-1 | 5 September, 2016 (Monday)

The training started with the introduction of the participants and understanding the expectations of the participants. The first day was concentrated more on making the participants understand the basic concepts of disaster management. The topics covered on the first day of the training included- Fundamental information about Disasters, Understanding Disaster Risk (Hazard, Vulnerability, Capacity and Exposure), Disaster Management Cycle, DM-related Institutional Set-up at National, State, District and Local-level, Risk profile of Himachal Pradesh with focus on district Shimla. Participants also participated in group activity on preparing disaster scenarios of Earthquake, Fire, Cloudburst and Landslide in Shimla city. At the end each group presented their scenarios and revealed how the community gets affected during disaster and how does various stakeholders respond to the situation.

Day-2 | 6 September, 2016 (Tuesday)

The second day of the training was more focused on understanding the steps and approaches to disaster preparedness and response. On the second day of the training, the participants were made aware about the ways to prepare themselves and their family at individual level. During the sessions, the participants learnt about the steps to prevent the potential loss of life and damage to property during a disaster. The participants were briefed about the need of preventive preparedness, planning for family emergency preparedness and making an emergency kit. A group activity was carried out to engage the participants in the process of making an emergency kit. Later on, an exercise for the identification of hazards was conducted which aimed at understanding Non-Structural Hazards. During the exercise, the participants were divided into four groups and they were asked to find the non-structural hazards in the DC office premises. Further, the participants learnt about the mitigation of risks related to the non-structural hazards. Participants also learnt about the tools and skills that they need as volunteers in order to assist the DM agencies. After practical tips and demonstration of the ways to carry out the community-level mapping using smart phones, the participants practiced the same themselves.

Day-3 | 7 September, 2016 (Wednesday)

The third day of the training concentrated on demonstration and practical exercises related to Light Search and Rescue and Basic First Aid. During the day, the participants learnt about the importance of first aid in everyday life and how learning few steps can save people's lives. The session of first aid covered topics like- The concept of first aid, first aid priorities, assessment of victim, recovery position, soft tissues injuries, burns, fractures, etc. Further, a practical demonstration of first aid skills including the first aid priorities, fainting, recovery position and fractures was done. The participants also learnt how to make a first aid kit and the most important items that should be kept in a first aid kit. Later on, the participants were also briefed about providing Psychological First Aid. The aim of this session was to make the participants aware about the need and circumstances for providing the psychological first aid. Interactive activities were carried out with the participants to make them understand the challenges associated while dealing with emotionally-affected people during disaster. The training concluded with the words of encouragement from Additional District Magistrate, Shimla Shri Suneel Sharma.

LIST OF PARTICIPANTS

S. #	Name	Designation	Contact
1	Sudhanshu Thakur	NCC Cadet, Govt. College Sanjauli	7807235016
2	Pankaj Verma	NSS Volunteer, Govt. College Sanjauli	8679899270
3	Himanshu Jinta	NCC Cadet, Govt. College Sanjauli	8628874106
4	Virender Singh Bisht	DM Supervisor, HP State Red Cross	9418274872
5	Arvind Chauhan	State Coordinator, HP State Red Cross	9459231355
6	Anil Kumar	Village Coord., HP State Red Cross	9817038703
7	SGT Dhanwanti	NCC Cadet, RKMV Shimla	9418727857
8	Kirti Aukta	NSS Volunteer, Govt. College Sanjauli	9882291927
9	Neha Ramchaik	NSS Volunteer, RKMV Shimla	9817607386
10	Shikha Hetta	NSS Volunteer, RKMV Shimla	9857223955
11	Sohan Lal	Illrd Batallion, HP Homeguard	9459967365
12	Jai Prakesh	Illrd Batallion, HP Homeguard	9817778225
13	Munshi Ram Thakur	Illrd Batallion, HP Homeguard	9459960485
14	Yogender S. Thakur	Illrd Batallion, HP Homeguard	9418589309
15	Jai Pal	NYKS Rampur Keonthal	8894431128
16	Sanjeev Kumar	NYKS Rampur Keonthal	9817332591
17	Mohit Thakur	NYKS Rampur Keonthal	9816285248
18	Himani Sharma	RKMV Shimla	7807246268
19	Jai prakash	NYKS Rampur Keonthal	9459810629
20	Kushal Kumar	Illrd Batallion Homeguard	8988232420
21	Narender kaith	DDMA Shimla	9459148880

PHOTOGRAPHS



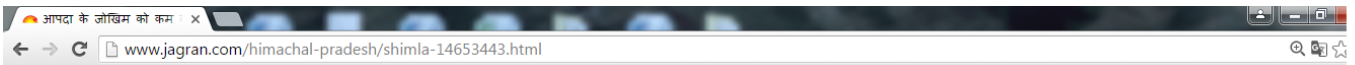


आपदा प्रबंधन प्रशिक्षण का हुआ समापन

शिमला। शिमला जिला में कार्यरत गृह रक्षकों, एनसीसी कैडेटों, एनएसएस के स्वयं सेवकों, रेडक्रॉस के पदाधिकारियों व नेहरू युवा केंद्र संगठन के स्वयंसेवकों को बुनियादी आपदा प्रबंधन से जुड़े महत्वपूर्ण पहलुओं पर प्रशिक्षित करने के उद्देश्य से जिला आपदा प्रबंधन प्राधिकरण का तीन दिवसीय कार्यक्रम का 5 से 7 सितंबर तक उपायुक्त कार्यालय स्थित हॉल में किया गया। कार्यक्रम में 22 प्रतिभागियों ने आपदा के जोखिमों को कम करने के उपाय सीखे और आपदा से पहले की तैयारी के अति आवश्यक पहलुओं को समझा। कार्यक्रम के दौरान आपदा जोखिम प्रबंधन विशेषज्ञ नवनीत यादव, आपदा पूर्व तैयारी विशेषज्ञ दुर्गा बहादुर और प्राथमिक उपचार विशेषज्ञ अनुराधा व निधि काल्टा ने प्रतिभागियों को अलग अलग सत्रों में प्रशिक्षित किया। कार्यक्रम के समापन में अतिरिक्त दंडाधिकारी सुनील शर्मा ने प्रतिभागियों को प्रमाण पत्र बांटे। ब्यूरो



शिमला में तीन दिवसीय आपदा प्रबंधन प्रशिक्षण कार्यक्रम में भाग लेते अधिकारी तथा कर्मचारी।



राज्य ब्यूरो, शिमला : गृहरक्षकों, एनसीसी कैडेट्स, एनएसएस स्वयंसेवकों, रेडक्रॉस के पदाधिकारियों व नेह

राज्य ब्यूरो, शिमला : गृहरक्षकों, एनसीसी कैडेट्स, एनएसएस स्वयंसेवकों, रेडक्रॉस के पदाधिकारियों व नेहरू युवा केंद्र को आपदा प्रबंधन से जुड़े महत्वपूर्ण पहलुओं पर प्रशिक्षित करने के लिए जिला आपदा प्रबंधन प्राधिकरण कार्यशाला का आयोजन किया गया। तीन दिवसीय कार्यशाला में 22 प्रतिभागियों ने आपदा के जोखिमों को कम करने के उपाय सीखे और आपदा से पहले की तैयारी के अति आवश्यक पहलुओं को समझा। कार्यशाला का आयोजन राज्य आपदा प्रबंधन प्राधिकरण, संयुक्त राष्ट्र विकास कार्यक्रम व जिला आपदा प्रबंधन प्राधिकरण शिमला के तत्वाधान में किया गया।

कार्यशाला के पहले दिन प्रतिभागियों को विभिन्न आपदाओं के कारणों और इनके समाज पर पड़ने वाले प्रभावों की जानकारी दी गई। प्रतिभागियों ने अलग-अलग तरह की संभावित आपातकालीन स्थितियों में होने वाले नुकसान और उपायों पर चर्चा की। दूसरे दिन सभी प्रतिभागियों ने घर, कार्यालय, स्कूल, दुकान में स्थित संकटों को पहचानकर उन्हें दूर करने के उपायों की जानकारी हासिल की। आखिरी दिन आपदा के बाद प्रभावित व्यक्तियों की मदद के लिए चिकित्सा व उपचार की सुविधा तक पहुंचने की जानकारी दी गई। आपदा जोखिम प्रबंधन विशेषज्ञ नवनीत यादव, आपदा पूर्व तैयारी विशेषज्ञ दुर्गा बहादुर व प्राथमिक उपचार विशेषज्ञ अनुराधा व निधि काल्टा ने प्रतिभागियों को प्रशिक्षित किया। अतिरिक्त दंडाधिकारी एवं जिला आपदा प्रबंधन प्राधिकरण शिमला के मुख्य कार्यकारी अधिकारी सुनील शर्मा ने प्रतिभागियों को प्रमाणपत्र प्रदान किए। इस अवसर पर जिला आपदा प्रबंधन प्राधिकरण शिमला में कार्यरत राहत सहायक प्रदीप मेहता, प्रशिक्षण एवं क्षमता वृद्धि समन्वयक नेहा शर्मा व सहायक समन्वयक सूचना प्रौद्योगिकी नरेंद्र कायथ उपस्थित रहे।

Report prepared by:

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